



Contemporary Challenges in Maternal Health

Introduction

Maternal health refers to the health of women during pregnancy, childbirth, and the postnatal period.

Challenges of maternal health:

The major complications that lead to maternal death are severe bleeding, Infection, high blood pressure during pregnancy, Intrapartum complications, and unsafe abortions. Nearly two-third of maternal health due to severe bleeding.

Emerging Issues in maternal health:

This includes use of Opioid and other substance use disorders, persistent disparities in maternal mortality and declining immunization coverage.

Facts concerning maternal mortality:

- In India the MMR has witnessed a significant decline.
- Around 94% of maternal death occur in low and lower-middle income nations.
- Approximately 810 women die every day due to pregnancy and childbirth complications.
- The north -eastern Indian state of Assam had recorded the highest maternal mortality ratio at 229 deaths per 1,00,000 women between the time frame of 2015 and 2017. Kerala had recorded the lower mortality ratio with 42 fatalities during pregnancy period.


- State such as Uttar Pradesh and Madhya Pradesh stand with the figure of 197 and 173 respectively.

Challenges in midwifery:

- Saving lives through midwifery.
- Hierarchical management structures.
- Insufficient competence for difficult working conditions.
- Higher quality health care facilities for all women throughout their pregnancy and childbirth.
- Delivery of baby under skilled health care professionals will reduce MMR and improve maternal health.
- The health care personals keep in hand with government scheme to support maternal health will promote maternal health in India would get sorted up to a great extent.

Recent trends and Issues in midwifery:

1. Modification of family lifestyle.
2. Cost containment.
3. Expanded roles for nurses
4. Family centered care.
5. Access to health care.
6. Increased use of alternative medicine.

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